



Current Concepts in Sports Medicine

COURSE DESCRIPTION

This informative conference will familiarize Athletic Trainers and Physical Therapists with currently discussed and debated topics in the evaluation and treatment of musculoskeletal injuries of the spine, upper and lower extremities, with emphasis on the shoulder and knee.

The impact of surgical decisions and technique on postoperative rehabilitation will be emphasized. Surgical anatomy will be demonstrated by cadaver prosection. Physical examinations of the shoulder and knee will be demonstrated in hands-on breakout sessions.

FACULTY

Ashok Reddy, M.D.
Course Director
Orthopaedic Surgeon
Peachtree Orthopaedic Clinic

Scott Kimmerly, M.D.
Course Director
Orthopaedic Surgeon
Peachtree Orthopaedic Clinic

Mike Bernot, M.D.
Orthopaedic Surgeon
Peachtree Orthopaedic Clinic

Zeke Cassinelli, M.D.
Orthopaedic Surgeon
Peachtree Orthopaedic Clinic

Xavier Duralde, M.D.
Orthopaedic Surgeon
Peachtree Orthopaedic Clinic

Letha Griffin, M.D., Ph.D.
Orthopaedic Surgeon
Peachtree Orthopaedic Clinic

Jim Kercher, M.D.
Orthopaedic Surgeon
Peachtree Orthopaedic Clinic

Ashkan Lahiji, M.D.
Orthopaedic Surgeon
Peachtree Orthopaedic Clinic

Walter McClelland, M.D.
Orthopaedic Surgeon
Peachtree Orthopaedic Clinic

Doug Murray, M.D.
Orthopaedic Surgeon
Peachtree Orthopaedic Clinic

Scott Pennington, M.D.
Orthopaedic Surgeon
Peachtree Orthopaedic Clinic

Hal Silcox, M.D.
Orthopaedic Surgeon
Peachtree Orthopaedic Clinic

2001 Peachtree Road, N.E.
Suite 705
Atlanta, Georgia 30309



Current Concepts in Sports Medicine

An Update for Physical Therapists & Athletic Trainers



Saturday, April 21, 2012
Atlanta, Georgia

Current Concepts in Sports Medicine

COURSE OBJECTIVES

Describe the various types of common sports-related musculoskeletal injuries of the shoulder, elbow, wrist, hand, hip, knee, ankle, foot and spine, and review the recent 'cutting-edge' advances in operative and rehabilitative therapy.

Demonstrate gross anatomy of the shoulder, including the pathophysiology of traumatic injuries and the relationship of neurovascular structures to common surgical approaches.

Summarize and demonstrate systematic and efficient physical examinations of the shoulder and knee, identifying key portions of the physical examination as they relate to pathologic processes.

PROGRAM AGENDA

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|------------------------|--|---|
| 7:30 – 8:00 a.m. | Registration/Breakfast | |
| 8:00 – 8:10 a.m. | Welcome/Introduction | Ashok Reddy, M.D. |
| UPPER EXTREMITY | Moderator: Scott Kimmerly, M.D. | |
| 8:10 – 8:25 a.m. | Valgus Extension Overload of the Elbow in Baseball | Xavier Duralde, M.D. |
| 8:25 – 8:40 a.m. | Structural Integrity of Rotator Cuff Repairs | Doug Murray, M.D. |
| 8:40 – 8:55 a.m. | Bony vs. Soft Tissue Shoulder Instability | Scott Pennington, M.D. |
| 8:55 – 9:10 a.m. | Current Concepts in the Evaluation and Management of TFCC Injuries | Walter McClelland, M.D. |
| 9:10 – 9:40 a.m. | Question and Answer Session | Panel |
| 9:40 – 10:00 a.m. | Mid-morning Break | |
| GENERAL | Moderator: Xavier Duralde, M.D. | |
| 10:00 – 10:15 a.m. | Medical Issues in Sports Medicine | Letha Griffin, M.D. |
| 10:15 – 10:30 a.m. | Common Lumbar Spine Conditions in Athletes | Zeke Cassinelli, M.D. |
| 10:30 – 10:45 a.m. | Evaluation and Treatment of Acute Cervical Spine Injuries | Hal Silcox, M.D. |
| 10:45 – 11:15 a.m. | Question and Answer Session | Panel |
| 11:15 – 11:45 a.m. | Case Presentations by Team Physicians for Atlanta Braves and Atlanta Hawks | Xavier Duralde, M.D. Mike Bernot, M.D. |
| 11:45 – 12:30 p.m. | Lunch Break | |
| LOWER EXTREMITY | Moderator: Ashok Reddy, M.D. | |
| 12:30 – 12:45 p.m. | What's New in ACL Surgery? | Scott Kimmerly, M.D. |
| 12:45 – 1:00 p.m. | Cartilage Restoration: The Basics and Advancements | Jim Kercher, M.D. |
| 1:00 – 1:15 p.m. | PRP: Fact or Fiction? | Ashok Reddy, M.D. |
| 1:15 – 1:30 p.m. | Sports-Related Tendon Disorders of the Ankle | Ashkan Lahiji, M.D. |
| 1:30 – 2:00 p.m. | Question and Answer Session | Panel |
| 2:00 – 3:00 p.m. | Breakout Sessions | |
| | <i>Station A: Shoulder Physical Exam</i> | Jim Kercher, M.D. |
| | <i>Station B: Knee Physical Exam</i> | Letha Griffin, M.D. |
| | <i>Station C: Shoulder Prosection</i> | Scott Kimmerly, M.D. |
| 3:00 – 3:15 p.m. | Q&A in Auditorium/Adjourn | Panel |

WHO SHOULD ATTEND

Physical Therapists, Certified Athletic Trainers, Physical Therapy Assistants, Students

CONTINUING EDUCATION UNITS

CEU credits available for PT's and ATC's.

ACCOMMODATIONS AND TRAVEL

Atlanta is the dynamic center of the Southeast for shopping, dining and nightlife. Located in the heart of Buckhead, Fairfield Inn and Suites is convenient to Piedmont Hospital. Hotel accommodations are available at special rates for program participants. Reservations should be made by emailing Alicia Dunn at Fairfield Inn and Suites at adunn@hotelequities.com. Mention Peachtree Orthopaedic Clinic to receive the special rate of \$79 per night. Reservations must be made by 4/1/12 to receive the special rate.

COURSE LOCATION

The course will be held at Piedmont Hospital in the Richard H. Rich Auditorium.

REGISTRATION INFORMATION

Registration fee is \$150. Pre-registration is required. Payment will not be accepted on the day of the course. Enrollment is limited to the first 150 registrants. Please complete the registration form provided in this brochure and return with credit card information or check payable to **Peachtree Orthopaedic Clinic Foundation**. Registration fee includes continental breakfast, lunch, breaks and course materials. Fee must be received two weeks prior to the course date to confirm registration. For additional information, contact Hamano Ross at 404-425-1240 or hross@pocatlanta.com.

CURRENT CONCEPTS IN SPORTS MEDICINE

REGISTRATION FEE: \$150

Please mail completed form to Peachtree Orthopaedic Clinic, attn. Hamano Ross, 2001 Peachtree Road, Suite 705, Atlanta, Georgia 30309

Cancellation Policy: The course registration fee is refundable if the registrant cancels by April 6, 2012. After that date, a refund will only be given if the place left vacant by the canceling registrant is filled by another participant. No refunds will be given after the course begins.

Name _____ Title _____

Company Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email Address: _____

Payment Method: Credit Card Check Check or CC # _____

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